

Speedway Chapter Ride Checklist

Welcome to our Chapter ride. We hope to have a safe and fun ride. It is important to remember that **YOU are responsible for your own safety and for obeying the rules of the highway.**

1. Share where the ride will be going
2. Check to see if:
 - There are any guests or children
 - Everyone has signed the roster or release form, including minors
 - There are any new members / new riders with the group
3. Road Captains should be introduced
4. **The following are suggested riding rules:**
 - You are responsible for your own safety and for following the rules of the highway – traffic lights turning yellow (assume the rider in front of you is going to stop) rolling stops, speed limits, etc.
 - Ride in your comfort zone
 - Use Staggered Formation
 - Use proper hand signals and pass then back
 - Passing another bike is not permitted unless the rider in front signals you to do so
 - Interstate Riding – Follow rules of the highway. For your safety, let cars merge, exit and pass. If you do not let them they may become anxious and attempt to do it anyway. You will be the one to get hurt
 - Have a buddy to ride with – **Lead Road Captain should make sure that new riders have a buddy**
 - It is our Chapter Policy that there will be no alcohol before or during the ride
5. Go over the route sheet
6. Check to see who has cell phones in the group or if anyone has any special needs (allergies or other medical)
7. Go over emergency procedures (mechanical failure and accident) – how we stop, etc.
8. **REMEMBER – We do not block traffic!**
9. Have a GREAT ride! Do not worry if a traffic light or stop sign catches you. You should be able to catch up with the group relatively easy or the Lead Road Captain will pull off at a safe location to wait for the group